

Recreation Schedule



MARCH 2019



NHC Maryland Heights
"Caring in a Better Way
Day by Day"

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Beauty Shop Open Monday - Friday Individualized Programming Provided weekly	Sign up for Dine-ins with the Recreation Office Stationary Supplies Available in the Activity Department	Independent Activity Supplies Available 24 hours a day See Recreation Dept. or Nurses Station			1 World Day of Prayer 9:30 Exercise 2:00 Bible Study w/Phil 3:00 Happy Hour Luke Queen	2 Dr. Suess B'Day 3 9:15 Movie: "The Lorax" 1:00 Popcorn 2:15 Bingo
3 National Anthem Day 10:30 Church of Christ 2:00 Friends 4 Music MARCH MADNESS	4 9:30 Piano w/ Jill 11:00 EWTN Catholic Mass 1:00 Therapeutic Circle 2:30 Bingo - Cise	5 MARDI GRAS 8:35 Dancing w/ Star'f 9:00 Pretty Nails 11:00 EWTN Catholic Mass 1:30 CST 2:30 Mardi Gras Ice Cream & King Cake	6 Ash Wednesday/ First day Of Lent 9:30 Exercise 10:00 - 12:00 CRAFT FAIR 10:00 Catholic Communion 1:00 Hymns w/ Angie 1:30 Popcorn 2:30 Sing A Long w/ Nancy	7 9:30 Exercise 11:00 EWTN Catholic Mass 2:00 Ice Cream Parlor 2:30 Resident Council 7:00 Words & Way	8 9:30 Exercise 10:15 Bookmobile 11:00 EWTN Catholic Mass 1:30 Therapeutic Circle 2:00 Bible Study w/Phil 3:00 Happy Hour Bob Airtime	9 9:15 Movie: "Dr. Doolittle" 1:00 Popcorn 2:15 Bingo
10 DAYLIGHTS SAVINGS TIME 10:30 Church of Christ 2:00 Ice Cream MARCH MADNESS	11 9:30 Exercise 11:00 EWTN Catholic Mass 1:00 Therapeutic Circle 2:30 Bingo - Cise VOTING TBA	12 8:45 Dancing w/ Star'F 9:00 Pretty Nail 11:00 Mentors Luncheon 1:30 CST 2:00 Ice Cream Parlor	13 9:30 Light n Lively 11:00 EWTN Catholic Mass 10:00 Catholic Communion 1:30 Popcorn 3:00 Shamrock Sprouts 6:30 Ladies Night Out	14 9:30 Mo. Botanical Garden 11:00 EWTN Catholic Mass 1:30 CST 2:00 Ice Cream Social 2:00 Club w/Phil	15 9:30 Exercise 11:00 EWTN Catholic Mass 2:00 Bible Study w/Phil 3:00 Happy Hour Lynn Wellman 6:30 Blarney Bingo	16 9:15 Movie "Darby O'Gill and the Little People" 1:00 Green Popcorn 2:00 FUNX2
17 St. Patrick's Day MARCH MADNESS 10:30 Church of Christ 2:00 Ice cream 	18 9:30 Exercise - "Dancing through the Decades" 10:30 Lutheran Church 11:00 EWTN Catholic Mass 1:30 - Travel Log - Ireland 2:30 Bingo-Cise	19 8:45 Dancing w/ Star'F 9:00 Pretty Nails 11:00 EWTN Catholic Mass 1:30 CST 2:00 Ice Cream Parlor 3:00 Resident Auction	20 FIRST DAY OF SPRING 9:30 Light n Lively 10:00 Catholic Communion 11:00 EWTN Catholic Mass 1:30 Popcorn 2:30 Jewelry Making 6:30 Men's Night Out	21 10:00 OUTING- MO. BOTANICAL GARDENS 11:00 EWTN Catholic Mass	22 9:30 Exercise 10:15 Bookmobile 11:00 EWTN Catholic Mass 2:00 Bible Study w/Phil 3:00 Happy Hour George Hinds	23 9:15 Movie: "Guess Who's Coming To Dinner" 1:00 Cat Visits /Blues 2:15 Bingo
24 10:30 Church of Christ 2:00 Glad Tidings MARCH MADNESS	25 9:30 Exercise 11:00 EWTN Catholic Mass 1:00 Therapeutic Circle 2:30 Bingo - Cise	26 8:45 Dancing w/ Star'F 9:00 Pretty Nails 11:00 EWTN Catholic Mass 2:30 Ice Cream	27 9:30 Exercise 10:00 Catholic Communion 1:00 Therapeutic Circle 2:30 Monthly Birthday Party Tim Laramore	28 9:30 Exercise 11:00 EWTN Catholic Mass 1:00 Circle of Friends 2:00 Ice Cream Social	29 9:30 Exercise 1:00 Therapeutic Circle 3:00 Happy Hour	30 9:15 Movie: "Sister Act" 1:00 Popcorn 2:15 Bingo
31 10:30 Church of Christ 2:00 Ice cream MARCH MADNESS						