




Recreation Schedule



May 2018



NHC Maryland Heights
"Caring in a Better Way
Day by Day"

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 HAPPY Mother's DAY	Sign up for Dine-ins with the Recreation Office Stationary Supplies Available in the Activity Department	1 9:00 Pretty Nails 1:15 Therapeutic Circle "Take a Walk" 2:00 Ice Cream Parlor	2 9:00 Piano w/ Jill 10:00 Catholic Communion 11:00 EWTN Catholic Mass 1:30 Popcorn 2:30 Planting Gardens	3 National Day of Prayer 9:30 Exercise- Walking Club 11:00 EWTN Catholic Mass 1:30 CST 2:00 Ice Cream Parlor 2:30 Resident Council	4 9:30 Planting Gardens 11:00 EWTN Catholic Mass 2:00 Bible Study w/Phil 3:00 Happy Hour/ Bob Callemeyer	5 9:30 Movie: "Your Never Too Young" 1:00 Popcorn 2:15 Bingo
6 9:30 Individualized Programming 10:30 Church of Christ 2:00 Ice Cream Social	7 9:30 Exercise-Walking Club 10:30 Darts 11:00 EWTN Catholic Mass 2:30 Big Buck Bingo	8 9:00 Pretty Nails 11:00 Mentors Luncheon 2:00 Ice Cream Parlor 2:30 Wii Hour	9 9:30 Therapeutic Circle "Take A Walk" 10:00 Catholic Communion 11:00 EWTN Catholic Mass 1:30 Popcorn 2:30 Planting Gardens	10 9:30 Mo. Botanical Gardens 11:00 EWTN Catholic Mass 1:30 CST 2:00 The Club w/ Phil 2:00 Ice Cream Parlor 7:00 Words & Way	11 9:30 Mo. Botanical Garden Class 11:00 EWTN Catholic Mass 1:30 Billards 3:00 Mother's Day Happy Hour w/ Tom Anselm	12 9:30 Movie: "Pardners" 1:00 Popcorn 2:15 Bingo
13 MOTHER'S DAY 9:30 Therapeutic Circle 10:30 Church of Christ 2:00 Ice Cream 	14 NATIONAL 9:30 Exercise Class 10:30 Lutheran Church 11:00 EWTN Catholic Mass 2:30 Cameo Club	15 NURSING 9:00 Pretty Nails 2:00 Ice Cream Social 2:30 Hymns w/ Angie	16 HOME 9:30 Bowling 10:00 Catholic Communion 11:00 EWTN Catholic Mass 2:00 Mixology	17 WEEK 9:30 MO. Botanical Gardens 11:00 EWTN Catholic Mass 1:30 CST 2:00 Ice Cream Social 2:30 Poker	18 CELEBRATION 9:00 Bookmobile 11:00 EWTN Catholic Mass 2:00 Bible Study w/ Phil 3:00 Happy Hours w/ Tim Laramore	19 9:30 Movie: "Hollywood or Bust" 1:00 Popcorn 2:15 Bingo
20 9:30 Individualized Programming 10:30 Church of Christ 12:00 Outing to Cardinal Baseball game (Sign Up Limited)	21 9:30 Exercise-Walking Club 11:00 EWTN Catholic Mass 2:30 Bingo-Cise	22 9:00 Pretty Nails 2:00 Ice Cream Parlor 3:00 Wii Hour	23 9:00 Therapeutic Circle "Take A Walk" 10:00 Catholic Communion 1:30 Popcorn 3:00 Crafty Crew	24 9:30 Exercise-Walking Club 11:00 EWTN Catholic Mass 1:30 CST 2:30 Ice Cream Social	25 9:00 Therapeutic Circle 11:00 EWTN Catholic Mass 10:30 OUTING/ Museum of Transportation & Lunch 3:00 Happy Hour with Sterling Floyd	26 9:30 Movie: "Airplane" 1:00 Cat Visit 2:15 Bingo
27 9:30 Therapeutic Circle 10:30 Church of Christ 2:00 Glad Tiding	28 MEMORIAL DAY 9:30 Memorial Day Treats & Trivia 11:00 EWTN Catholic Mass 2:00 Bingo-Cise 	29 9:00 Pretty Nails 1:15 Therapeutic Circle 2:00 Monthly Birthday Party w/ Klassy Kickers	30 9:00 Therapeutic Circle "Take A Walk" 10:00 Catholic Communion 11:00 EWTN Catholic Mass 1:30 Popcorn 3:00 Wii Hour	31 9:30 Exercise-Walking Club 11:00 EWTN Catholic Mass 2:30 Monthly Birthday Party w/ George Hinds 3:00—5:00 Volunteer Open House	Beauty Shop Open Monday - Friday Individualized Programming Provided weekly	Independent Activity Supplies Available 24 hours a day See Recreation Dept. or Nurses Station